



## Squash Canada Clothing Regulations For National Championships

April 20, 2018

(excerpted from [Canadian Championships Hosting Standards](#), pp. 11-12)

### 2.13 – CLOTHING

Competitors in national championships shall wear appropriate squash attire of any colour, provided it is not so conspicuous or brightly reflective as to distract the opponent. Players shall dress and present themselves for play in a professional manner. Clean and customarily acceptable squash attire shall be worn.

Appropriate squash attire for men consist of a sleeveless shirt, short-sleeved shirt with attached collar or non-cotton t-shirt, shorts, socks and playing shoes. Compression shorts above the knee are allowed to be worn under playing shorts. Compression socks up to below the knee are also permitted.

Appropriate squash attire for women shall consist of a polo shirt with attached collar or non-cotton t-shirt, or a sleeveless non-cotton vest top, worn with a skirt, shorts or dress, socks and playing shoes. Compression shorts above the knee are allowed to be worn under playing skirts, shorts or dresses. Compression socks up to below the knee are also permitted.

The wearing of hats, other than religious headwear, is NOT permitted. Headbands, wristbands and bandanas, which are designed to control perspiration, are permitted, provided they are not so conspicuous or brightly reflective as to distract or unsight an opponent and shall not be potentially dangerous. Headbands, bandanas and straps for approved protective eyewear may worn.

Unacceptable attire shall include sweatshirts, gym shorts, running shorts, boxing trunks, dress shirts, promotional cotton t-shirts, long sleeved tops or long sleeved compression tops, leggings or full length compression stockings and aerobic bodysuits of any description.

Other garments, such as part or all of a tracksuit, may be worn during play for cultural/religious reasons with the prior permission of the Championship Referee. Tracksuits may be worn during the warm-up.

If a host club maintains an "all-white" or any other restrictive clothing requirement, they must include this information as part of their application to host; competitors must adhere to the host club's clothing requirements

Teams are encouraged to wear matching attire in order to facilitate easy identification for the referee and spectators.

Players in Team Championships are strongly encouraged to wear shirts or tops that carry the provincial/territorial title that they represent, and their name, in accordance with specifications below:

- i. The whole title or generally accepted abbreviation of the title;
- ii. Contained within an area at least 200 square centimetres and not exceeding 300 square centimetres on the back of the shirt or top.
- iii. The player's name may also be displayed within an additional area not exceeding 150 square centimetres.
- iv. Lettering must be in one colour that strongly contrasts with the shirt or top colour.

In all matters of judgement or opinion arising from the interpretation of this clothing regulation the decision of the Championship Referee shall be final, except that he/she may not rule illegal or unacceptable an item of clothing or a design which has been approved by Squash Canada. A referee must ensure that any player is conforming to these Regulations at all times during a match.