

# Squash Canada Concussion Policy

### Approved by the Squash Canada Board of Directors, March 4, 2020

#### Commitment

1. Squash Canada commits to a harmonized Pan-Canadian approach to concussion identification and management.

## Adoption

- 2. Squash Canada has adopted a Concussion Protocol which models the Canadian Harmonized Sport Concussion Protocol which is published by Squash Canada at the following link: <a href="http://squash.ca/en/policies-and-procedures">http://squash.ca/en/policies-and-procedures</a>
- 3. Squash Canada's Concussion Protocol will include the following sections:
  - a) Pre-Season Education
  - b) Head Injury Recognition
  - c) Onsite Medical Assessment
    - i. Emergency Medical Assessment
    - ii. Sideline Medical Assessment
  - d) Medical Assessment
  - e) Concussion Management
  - f) Multidisciplinary Concussion Care
  - g) Return to Sport
- 4. Squash Canada's Concussion Protocol will also include the following:
  - a) Concussion Pathway graphic
  - b) Pre-season Concussion Education sheet

#### Compliance

- 5. When applicable, Squash Canada will comply with provincial/territorial legislation (e.g., Ontario's Rowan's Law) related to concussions and concussion management.
- 6. As a condition of membership with Squash Canada, Squash Canada will require its member associations to comply with any applicable provincial/territorial legislation related to concussions and concussion management.

## Communication

7. This Policy will be posted on Squash Canada's website and communicated to all provincial/territorial members, clubs, and registrants/participants.

#### **Policy Review**

8. Squash Canada commits to reviewing this Policy on an annual basis and updating the Policy to reflect developments and legislative updates in this area.