## WHAT CAN A PROVINCIAL COACH ADD TO A PSO?

Tim Landeryou – Squash Alberta

## SQUASH ALBERTA

• 3 Staff

Executive Director

High Performance Coach

Bookkeeper/Office Admin

## HIGH PERFORMANCE COACH MODEL/GOALS

- Matching grant from provincial government (Alberta Sport Connection)
- Can be used for one or multiple individuals to deliver junior/HP programs
- Goal is to have our junior/development athletes be the best in Canada and make national teams
- Coordinate/manage provincial teams & programs

## BENEFITS

- Additional staff support for the provincial office
- Coaching expertise and experience to the provincial organization
- One point of contact for coaches, parents, and provincial body for junior development and high performance initiatives
- One qualified individual to coordinate provincial team training and camps
- Individual who can collaborate with club/local coaches to optimize athlete development

