



NCCP Community Sport Stream – Outcomes, Criteria & Evidence Tables
 ~ Community Squash Instructor ~

LEARNING OUTCOMES:

Upon completion of the Community Sport Stream for Squash, you will be a ‘Trained’ Community Squash Instructor and be able to:

- understand and demonstrate warm-ups and cool-downs
- assess basic technical skills
- understand the lesson format
- deliver a lesson
- teach and demonstrate a forehand
- teach and demonstrate a backhand
- teach and demonstrate the lob service and return of service
- understand and demonstrate basic tactics, safe movement and play
- demonstrate a variety of drills, practices and games
- plan and deliver basic lesson plans

OUTCOME	CRITERIA & EVIDENCE	METHOD – Training Only
Make Ethical Decisions	Apply an ethical decision-making process <ul style="list-style-type: none"> ❑ Gather facts ❑ Determine whether an issue is legal or ethical ❑ Identify all of the ethical issues ❑ Consider what influences how one sees the situation ❑ Use NCCP Code of Ethics to guide choice of action 	NCCP Make Ethical Decisions
Provide Support to Athletes in Training	Lead participants in appropriate activities <ul style="list-style-type: none"> ❑ Present a complete emergency action plan (see the Plan a Practice outcome for evidence of an EAP) ❑ Perform a safety check of the facility with a sport-specific checklist ❑ Take steps to minimize risk to participants before and throughout the practice ❑ Create opportunities to interact with all participants ❑ Provide demonstrations so that participants can see and hear ❑ Explain 1-3 key learning points ❑ Reinforce in a constructive way the efforts and performance of athletes ❑ Create an enjoyable learning environment ❑ Demonstrate reflection on coaching practice ❑ Adapt equipment and environmental factors to promote safety as identified by the sport ❑ Ensure key learning points are appropriate for the participant as identified by the sport-specific participant development model ❑ Use strategies to promote participant self-esteem ❑ Maximize active engagement time for participants consistent with growth and development guidelines 	Community Squash Instructor Course NCCP Coach Initiation in Sport
Plan a Practice	Plan activities in a safe practice environment <ul style="list-style-type: none"> ❑ Identify participants’ needs in relation to age, abilities and performance levels ❑ Match activities to the skill level of participants ❑ Match activities to the appropriate segment of the practice (intro, warm-up, main part, cool-down and a conclusion/reflection) ❑ Modify practice activities to address basic scenarios (e.g., double booked facility, participants with different skill levels, etc.) that could occur in community sport ❑ Design an emergency action plan (EAP) that provides: <ul style="list-style-type: none"> ▪ Location of telephones (cell and land lines) ▪ Emergency telephone numbers ▪ Location of medical profiles for each athlete under the coach’s care ▪ Location of a fully stocked first-aid kit ▪ Advance “call person” and “charge person” ▪ Directions to the activity site ❑ Use or integrate sport-specific tool box activities into practice 	Community Squash Instructor Course NCCP Coach Initiation in Sport
Support the Competitive Experience	Model exemplary behaviour at practice and during competition <ul style="list-style-type: none"> ❑ Demonstrate that behaviours are consistent with Fair Play Code and the NCCP Code of Ethics ❑ Ensure that participants are enjoying the activity environment ❑ Implement the fundamental rules and appropriate modifications ❑ Behave respectfully toward participants, parents, officials, and other stakeholders ❑ Use required equipment as per the safety guidelines and rules of the sport ❑ Identify common tasks of a community coach 	Community Squash Instructor Course NCCP Coach Initiation in Sport